

NEW SCHEDULE - SPRING 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					KIDS ALL LEVELS 10:00-11:00	
					PERCUSSION KIDS ADV 11:30 - 12:30	<u>INTRO</u> 12:30 - 1:30
		KIDS ADVANCED 5:00 - 6:00	KIDS <u>INTRO</u> 4:30 - 5:30	KIDS ADVANCED 5:00 - 6:00	LEVEL 2 11:00-12:30	LEVEL 1 & 2 12:30 - 2:00
PRESCHOOL CAPOEIRA 4:15 - 5:00	KIDS INTERMEDIATE 5:00 - 6:00	<u>INTRO</u> 6:00 - 7:00	<u>INTRO</u> 5:30 - 6:30	LEVEL 1 6:00 - 7:30 Roda @ 7:00	RODA 12:30 - 1:30	KIDS ALL LEVELS 2:00 - 3:00
<u>INTRO</u> 5:00 - 6:00	RODA SKILLS 6:00 - 8:00 Roda @ 7:30	LEVEL 1 EASY PACE 7:00 - 8:00	LEVEL 1 EASY PACE 6:30 - 7:30	ACROBATIC CLASS 7:30 TO 8:30	LEVEL 1 1:30 - 3:00	
LEVEL 1 EASY PACE 6:00 - 7:00	LEVEL 1 7:30 - 9:00 Roda 7:30-8:00	MUSIC 8:00 - 9:00	AFRICAN DANCE 7:45 - 9:00	MUSIC 7:30 - 8:30	<u>INTRO</u> 2:00 - 3:00	

Students wanting to advance in Capoeira are required to attend Rodas - all rodas are free of charge.

INTRO: First Intro class is FREE. If you haven't taken Capoeira before, this is where you start. After 8 to 10 Intro classes you may speak with the Instructor to find out if you are ready to move to Lev 1. You may take Intro as long as you want before moving to Level 1.